

Wheat Rolls 6" 12pk #2104\* Replace #2120

08/10/2012

Nutrition Facts	
Serving Size 1 Roll (62g)	
Servings Per Container 12	
Amount Per Serving	
Calories 160	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 8g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 10%
Thiamin 20%	Riboflavin 15%
Niacin 20%	Folate 8%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Water, Whole Wheat Flour, Wheat Flour Enriched [(Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley, Ascorbic Acid], Yeast, High Fructose Corn Syrup, Contains 2% or less of each of the following: Wheat Gluten, Soybean Oil, Salt, Rye Meal, Rolled Oats, Molasses, [Molasses, Wheat Starch, Silicon Dioxide (Anti-Caking Agent), and Lecithin (Processing Aid)], Wheat Bran, Calcium Propionate (A Preservative), Caramel Color, DATEM, Mono-Glyceride, Ascorbic Acid, Enzymes, ADA. CONTAINS WHEAT.

BREAD PRODUCT SPECIFICATION

(One form must be submitted for each product)

16.6 grams	46 %	Enriched Flour
17.2 grams	48 %	Whole Wheat Flour
0.7 grams	2 %	Roller Oats
0.7 grams	2 %	Rye Meal
0.7 grams	2 %	Wheat Bran
35.8 grams	100 %	Total per serving

Contribution to USDA National School Lunch and Breakfast Meal Pattern :

Each 2.2 oz. Portion will provide 2 Grains / Bread (GB) servings, based on :

(Check One Only)

Weight per Serving

Amount of Enriched Flour / Whole Grains @ 16 gm per GB, rounded down to the nearest 1/4 GB.

I certify that, to the best of my knowledge, the above and/or attached is true and correct.

Name of Authorized Representative: BRET DEMPSEY  
 Title: ACCOUNTANT  
 Company: CAJOLEBEN, INC DBA GALASSO'S BAKERY  
 Phone: 951-360-1211 Fax: 951-360-0427  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_